National Health and Nutrition Examination Survey (NHANES) is a program of studies designed to assess the health and nutritional status of adults and children in the United States. The examination component consists of medical, dental, and physiological measurements and includes demographic, socioeconomic, dietary, and health-related questions. I will be working on data set such as Cholesterol in the year of 2011-2012 for the age group 24-30 in the non-Hispanic population group. The result of this data set will be beneficiary for Centers for Disease Control and Prevention in managing national health. For instance, Obesity might be more prevalent in the age group 55-65 thus greater awareness program such as advertising to lose weight or to carry out light exercises should be taken to target that age group.

https://catalog.data.gov/dataset/national-health-and-nutrition-examination-survey-nhanes